

ConditionCare

Help your employees live better

Extra support for healthier lives

Looking to keep your employees healthy, happy, engaged and productive? Our ConditionCare program can do all of these things, plus help employees live better with a long-term health condition, like:

- Asthma (pediatric and adult)
- Diabetes (pediatric and adult)
- Chronic obstructive pulmonary disease (COPD)
- Coronary artery disease
- Heart failure

With ConditionCare, employees get personalized, one-on-one support and 24/7 access to a nurse care manager. They also get information, tools and educational resources, like email newsletters, to help them avoid:

- Unnecessary emergency room visits
- Hospital stays
- Time away from the job



Workers with chronic disease cost employers

\$225.8 billion
in losses

each year due to absenteeism and reduced on-the-job productivity.¹



On average, our care management programs were able to **reduce costs by \$2,044 per engaged member**. That's **\$384 per engaged member** with diabetes and **\$111 for members** with asthma.²



Your employees can also count on extra support from other specialists like health educators, dietitians and pharmacists. They work with employees to help them:

- Understand their condition
- Avoid health complications
- Follow their doctor's orders and take their medicine properly
- Answer questions between doctor visits
- Coordinate their care
- Get help for depression, if needed

What can a nurse care manager do for your employees? A lot.

The nurse care manager will work with your employees to come up with a plan that's right for them and their unique health goals.

Typically, the nurse care manager starts with a quick health assessment to find health risks. Based on those results and, the doctor's care plan, a personalized program is created with your employees in mind.

From start to finish, your employees will get the extra support they need to make healthy changes.

¹ ETG Savings Analysis White Paper, 2017.

² Centers for Disease Control and Prevention: Using the Workplace to Improve the Nation's Health At A Glance 2016 (February 2, 2017): cdc.gov.

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